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Tourist Experience And Fulfilment

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Tourism is arguably one of the largest self-initiated commercial interventions to promote well being and happiness on the global scale but yet there is absence in the literature on the topic of fulfilling tourist experiences from psychological perspectives.

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Tourist Experience and Fulfilment | Taylor & Francis Group

Tourist Experience and Fulfilment What makes life worth living? Many people would argue that it is fulfilling experiences. These experiences are characterised by feelings of joy and pleasure, positive relationships and a sense of engagement, meaning and achievement. Tourism is arguably one of the largest self-initiated commerc_ial interventions to

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These researches use concepts and theories of the emerging field of positive psychology to study tourism as a facilitator of inner growth and evoker of the components of human well-being and...

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Restorative experiences are those that facilitate recovery from mental fatigue and help us continue to meet the demands of everyday life. Such experiences, many of which take place within the context of tourism and leisure, have the potential to contribute to the well-being and satisfaction of those who engage in them.

Tourist Experience and Fulfilment: Insights from Positive ...

Diverse tourist experiences such as parachute jumping, whale watching and river rafting can be the great fulfillment of a dream, or just part of a spontaneous activity that affects individual experience (Knobloch et al., 2016).

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Tourism is arguably one of the largest self-initiated commercial interventions to promote well-being and happiness on the global scale but yet there is absence in the literature of fulfilling tourist experiences from psychological perspectives. This book evaluates tourist experiences from positive psychology perspectives.