

The Vitamin Cure For Alcoholism Orthomolecular Treatment Of Addictions

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The Vitamin Cure For Alcoholism

The Vitamin Cure for Alcoholism can help those who suffer from alcohol addiction, their friends and loved ones, and those in the relevant helping professions. Its central message: optimally-nourished individuals do not get addicted. Alcoholism is primarily a metabolic disease that should be treated nutritionally first.

The Vitamin Cure for Alcoholism: Orthomolecular Treatment ...

The vitamin cure is all about providing excess niacin (vitamin B3) and a handful of other nutrients. As near as I can tell, having that excess allows your body to produce substantially more neurotransmitters, in particular, serotonin and dopamine. And the result is that, over time, you end up re-balancing the neurotransmitter systems in the brain.

The Vitamin Cure for Alcoholism: Orthomolecular Treatment ...

Treatment name GAMMA-HYDROXYBUTYRATE (GHB) Effectiveness: Possibly Effective: Read Reviews (13) Treatment name KUDZU: Effectiveness: Possibly Effective: Read Reviews (37) Treatment name MAGNESIUM

Common Vitamins and Supplements to Treat alcoholism

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The Vitamin Cure for Alcoholism: How to Protect Against ...

Hoffer believed that biochemical individuality and sugar cravings contribute to alcoholism especially if patients have low blood sugar or problems metabolizing alcohol. As a biochemist, Hoffer reasoned that niacin (vitamin B3) could restore mental health, even after repeated episodes of drinking.

Alcoholism: The Vitamin Cure

Its central message is that alcoholism is primarily a metabolic disease that should be treated nutritionally first. The person called an 93:alcoholic94; suffers from nutrient deficiency, especially vitamin B3, and seeks relief by consuming alcohol.

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The Vitamin Cure for Alcoholism explains how patients can stop craving alcohol and restore their health. Two credible authors wrote this enlightening book.

The Vitamin Cure for Alcoholism: Orthomolecular Treatment ...

*Niacin is the most important single treatment for alcoholism, and it is one of the most reliable treatments. And it is safe, much safer than any of the modern psychiatric drugs. Niacin does not work as well when alcoholics are still drinking but in a few cases it has decreased the intake of alcohol until they were abstinent.

Treatment Protocol for Alcoholism

the vitamin cure for alcoholism Andrew Saul and Dr. Abram Hoffer show how to stop addictions to alcohol, caffeine, cigarettes, and drugs using high-dose nutrition. So effective is this approach that Bill W., co-founder of Alcoholics Anonymous, strongly urged AA members to use vitamin therapy.

THE VITAMIN CURE Book Series edited by Andrew W. Saul

No-Flush Niacin 490mg x 90 Capsules, Nicotinamide/Niacinamide - Flush Free Form of Vitamin B3/Niacin,Magnesium Stearate Free & No Nasty Additives, Vegan, Made in Wales 4.8 out of 5 stars 7 £9.40 Start reading The Vitamin Cure for Alcoholism on your Kindle in under a minute.

Vitamin Cure for Alcoholism: How to Protect Against and ...

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Top 4 The Vitamin Cure For Alcoholism - Your Kitchen

Alcoholics suffer from a nutrient deficiency, especially vitamin B3. This work outlines the nutritional factors proven successful in treating alcoholism. It can help those who suffer from alcohol addiction, their friends and loved-ones, and those in the relevant helping professions.

The Vitamin Cure for Alcoholism: Orthomolecular Treatment ...

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The Vitamin Cure for Alcoholism: Orthomolecular Treatment ...

Magnesium. Of all the alcohol withdrawal vitamins this mineral plays the most important function in sustaining and encouraging effective muscle mass functionality and nerve transmission. Magnesium is an important nutrient for numerous cellular chemicals engaged in the system's power production and metabolic process.

Alcohol withdrawal vitamins and supplements that really ...

--Niacin for alcoholism : how it all began --Conquering alcoholism nutritionally --Results of vitamin treatment --The controversy over psychedelic therapy --Stopping tobacco smoking and caffeine use --Orthomolecular support during withdrawal and drug overdose --Conclusion : the way out.

The vitamin cure for alcoholism : orthomolecular treatment ...

The Vitamin Cure For Alcoholism by Abram Hoffer, Paperback | Barnes & Noble® This book can be a godsend for many persons--for those who suffer from alcohol addiction, for their friends and loved ones, and for those in the relevant Our Stores Are Open Book Annex Membership Educators Gift Cards Stores & Events Help

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