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Athens to Sparta.

The Road to Sparta : Retracing the Ancient Battle and Epic ...

Then he wrote about the whole experience is his new book "The Road to Sparta: Reliving the Ancient Battle and Epic Run That Inspired the World's Greatest Footrace". The new book is intriguing, comical, sometimes tear-jerking, and certainly thought-provoking and entertaining, and Dean is probably even more intriguing. Get a load of this guy...

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