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Frequently Asked Questions | ISSA

Hey, tyler, my question is there any changes in the issa nutrition certification exam questions?, the reason I'm asking is because they recently changed the CPT final exam and they made all the 200 questions multiple choice, and I'm also not sure if this will apply to the specializes certifications. Thank you.

ISSA Nutritionist Certification

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As I said, the real challenge with ISSA is the final two essay sections. I'm going to go through one question from each and break down how best you can answer these for maximum outcomes. ISSA recently changed their exam structure to 200 question multiple-choice as opposed to the old multiple-choice, essay, and case study exam.

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ISSA has partnered with Precision Nutrition, the world leader in the science and practice of nutrition coaching. Proven with over 100,000 clients, the Precision Nutrition Level 1 Certification will teach you everything you want to know about nutrition—and show you how to get life-changing results for anyone.

Certified Nutritionist | ISSA | ISSA

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